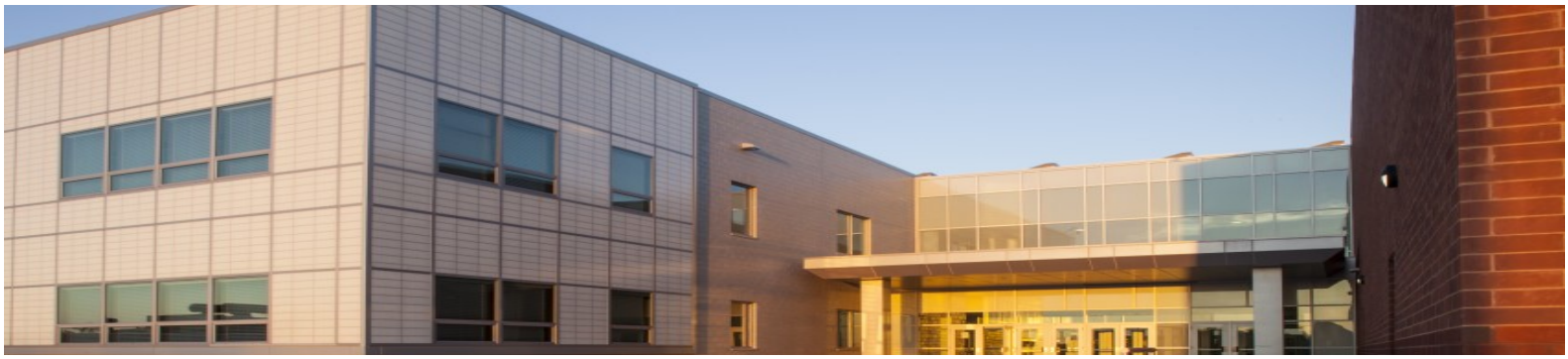

Sollers Point Technical High School

October 2016

Principal's Message

Annual October Safety

and Security Update

Sollers Point Technical and Dundalk High are dedicated to ensuring students in the community have access to a safe and secure environment that promotes teaching, learning, working, and collaboration. Sollers Point/Dundalk in conjunction with the Office of Safety and Security has developed a written set of procedures in the event of an emergency on campus. These procedures are shared with faculty and staff in the beginning of the year and practiced a minimum of 1 time per month with students as part of our Emergency Safety Plan. Teachers, students, and parents all play an important role in our Emergency Safety Plan. During the 2016-17 year, Sollers Point/Dundalk will conduct a minimum of 10 fire drills, 2 Emergency Evacuation (500 ft.) drills, 2 Rally Point drills, 2 Severe Weather/Safe Area drills, 2 Lockdown drills, and 2 Bus Evacuation drills. We are also required to conduct Automated External Defibrillator (AED) training for faculty and staff at the September and February faculty meetings.

A chain of command system has been created for our complex in the event of a real emergency. The Incident Commander (IC) or individual in charge is as follows:

Mr. Weglein, Principal, Sollers Point, 410-887-7075
Ms. Anelli, Principal, Dundalk High, 410-887-7023
Ms. Larissa, Santos, Assistant Principal, Dundalk High, 410-887-7023

Sollers Point has also identified a student accounting (attendance) coordinator in the event of an emergency.

Sollers Point - Ms. Hearn, Assistant Principal, 410-887-7075

Principal's Message, cont'd on following page

Our Vision

Sollers Point Technical High will provide every student with rigorous, relevant, and culturally responsive instruction in order to provide a 21st century academic and career-technical education resulting in globally competitive students who are career and college ready. Every student who attends Sollers Point will complete a technical program and earn an industry certification as a result of deliberate and exemplar teaching.

In This Issue

- Principal's Message
- School Information
- Upcoming Events
- Spotlight on Baking & Pastry
- Family Resources
- Free Microsoft Office 365
- BCPS Grading Policy
- Letter from the nurse
- News from School Counseling

1901 Delvale Avenue Dundalk , MD 21222

410-887-7075 Email: http://sollerspoinths.bcps.org Twitter: @sollerspt

Upcoming Events

School Closings
Monday, Oct. 3-
Rosh Hashanah

Wednesday, Oct. 12—
Yom Kippur

Friday, Oct. 21—
MSTE Convention
Ocean City, Maryland

Last Day of Q1
Thursday, Oct. 27

Sollers Point Magnet Events

Magnet Open House

October 19th, 2016

5:00 PM-7:00 PM

BCPS Magnet Information

Please visit the BCPS Magnet Office on line

https://www.bcps.org/

offices/omp/

Principal's Message, cont'd

The following alternate building locations will be used in the event of a multiple hour building evacuation.

Primary Evacuation Site – Community College of Baltimore County-Dundalk Campus gym for Sollers Point Tech.

If the gymnasium at the community college is not available, we will evacuate to the secondary site below.

Secondary Evacuation Site – Dundalk Middle auditorium for Sollers Point Tech.

If you have any additional questions or are interested in reading the Sollers Point Tech Emergency Safety Plan, a copy is available for review in our front office with student names redacted.

Sincerely,

mweglein@bcps.org

Twitter @mweglein

Family Resources

Parent Opt Out form
Click Here **to view Opt Out forms.**

Bullying & Harassment form
Click Here **to view Bullying & Harassment form.**

BCPS Gives Microsoft Office to ALL Students!

Click Here **to view the press release.**
To access the Office 365 benefit, BCPS students should go to www.bcps.org/Office365 and log in using their full BCPS username (including @bcps.org) and password.

Spotlight on Baking and Pastry

The Sollers Point *Baking and Pastry Arts* program offers a hands-on education that begins with our chef instructor, Ms. Angela Cassano, who guides her students through the ever-growing world of baking. The baking curriculum sets Sollers students on the path to becoming accomplished professionals, in addition to covering a wide range of pastries that include flaky croissants, decedent cakes and crusty breads. Students are encouraged to show their creativity and design through many baking styles and techniques. By the program's end, student chefs will have handcrafted everything from cakes and confections to classic breads and elegant desserts, preparing them to create intricate and imaginative recipes of their own.

Sollers *Baking and Pastry Arts* students also complete the National Servsafe certification in food safety and sanitation. Sollers prepares students to become career and college ready in an every day real-world application.

A Message from the School Nurse

Mr. Brian Hoyer, RN at 410-887-7074 or email at bhoyer@bcps.org

Sollers Point High School

Wellness Center

Sollers Point High School and Dundalk High School are proud to announce the opening of our new school-based Wellness Center. We offer preventative care such as check-ups, immunizations as well as treating acute and chronic health problems. Please note that this service does not replace your child's primary health care provider.

Services offered include:

- Physical examinations and health screenings.
- Sports physicals.
- Evaluation and treatment of acute illnesses and injuries, like ear infections and sore throats.
- Referrals for specialty care.
- Management of chronic illnesses, like asthma.
- Mental health screenings.

To get an appointment and /or for more information:

- Contact your child's school nurse at Sollers Point High School at 410-887-7074 or Dundalk High School at 410-282-7708.
- Read and complete the consent form to allow your child to be seen and to authorize billing of medical insurance, if available.
- Fill out the student health history form.

Fees for Services:

- The center bills medical assistance and all other health insurances.
- A sliding fee scale is applied to students without health insurance. If your child does not have health insurance, we offer help with applying for medical assistance.
- For more information, please call 443-809-6368.

Contact Us

Administration

Principal
Michael Weglein
mweglein@bcps.org

Assistant Principal
Annette Hearn
ahearn@bcps.org

Guidance Counselor

Taryn Grey
tgrey@bcps.org

Magnet Coordinator

Elizabeth Billingslea
ebillingslea@bcps.org

School Counseling

As the school year begins to fall in place, students may begin to feel the pressure of grades, extracurricular activities, upcoming events, or a number of other social gatherings. As counselors, we are here to provide the students with a safe and comfortable place to help students work through the everyday stressors of high school life. Together, we want to create meaningful relationships in order to help each student overcome their challenges and reach his or her full potential. In order to help students succeed, we must collaborate to recognize and address the stressors that these students are experiencing. The following tips can be beneficial in recognizing and working through these everyday pressures. Recognize signs of stress, whether it be expressions of hopelessness or changes in behavior. Talk with your student about time-management and prioritizing activities and assignments. Encourage a healthy balanced lifestyle through sleep patterns, exercise, and family time. It is important to show your support and be positive, therefore, praise your student on his or her accomplishments. We encourage you to reach out to us if there are any concerns so together we can provide the most support possible for your student.

Kandice Schroeder, M. Ed.

<u>October is Breast Cancer Awareness Month</u>

The month of October is designated as breast cancer awareness month. Breast cancer typically develops in the milk ducts or glands of breast tissues and can occur in both females AND males. Breast cancer first forms as a small lump and can grow to metastasize to other tissues. Breast cancer is the most common cause of death in women. Fortunately, this disease can be treated upon early detection. Remember to do a monthly self-check on your breasts the same time every month.

Signs and symptoms that should not be ignored: indentation of breast, swelling in armpit, lump in breast, or change in color or texture of breast. Other signs include nipple dimpling, itching, burning, or ulceration.

Resources: http://www.nbcam.org/

Breast and Cervical Cancer Screening Program
Center for Cancer Surveillance and Control
Maryland Department of Health and Mental Hygiene
201 West Preston Street, Third Floor
Baltimore, MD 21201
1 (800) 477-9774